

Destiny

The New Destiny Treatment Center newsletter
www.newdestinytreatmentcenter.org

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New Destiny
Treatment Center

A new life for a new year

Dr. R.W. Bolois, executive director



Dr. Bolois

Many people who are unfamiliar with the destructive power of alcohol and drugs sometimes wonder, "Why can't addicts just quit?"

Most things about which we know little seem easy from a safe distance.

The situation is much harder up close, after people are addicts and have followed their passions, desires and sin to the point that drugs and alcohol are stronger than any decision they can or will make.

One young man I know is undergoing his third trip through treatment. He called me about a month ago when he knew that he was starting to drift away from sobriety and needed help again. I told him that treatment works when a person knows he needs

help and seeks it.

Thinking back to when he came the first time I remembered how much work there was to be done. He had to be educated about the nature and effects of the drugs he was taking. Group therapy helped him unload his problems and frustrations. Individual therapy enabled him to share his story.

When he was able to work through

See "New Life," page 3

Education a powerful treatment tool

New Destiny Treatment Center operates for the purpose of providing holistic services in a distinctly Christian environment to the chemically dependent by providing for the physical health, emotional well-being, spiritual guidance and economic improvement of each client. These words make up the mission statement of New Destiny Treatment Center.

Education is a powerful treatment tool against drug and alcohol addiction, and New Destiny Treatment Center employs that tool by encouraging client educational growth.

Ministering to the whole person – including their educational level – is important to achieve long-term success with clients seeking deliverance from addiction.

In 2007, 16 percent of clients admitted to New Destiny did not have a high school diploma or equivalent. As a result, many clients are transported regularly to the local high school for GED classes so they can eventually earn the equivalency diploma.



Roger Dennison (left) and Roy Griffith (below) proudly display their hard-earned GED certificates.



See "Education," page 2

Rufener family provides special meal for staff and clients

Rev. Lester Rowan, assistant director



Rev. Lester Rowan

The Ike Rufener family came to New Destiny Treatment Center on Nov. 16 and provided a wonderful traditional Thanksgiving dinner for the center's staff and clients.

Mr. Rufener is a member of the NDTC Board of Trustees. He and his immediate and extended family have for many years expressed love and support for this ministry by donating the food and their time to serve a delicious Thanksgiving meal.

New Destiny Treatment Center clients were encouraged to invite family members to join

them for this special dinner in keeping with our goal of returning husbands to their wives, fathers to their children and sons to their parents.

Many clients were able to take advantage of this opportunity. Parents, siblings and children joined in this time of special celebration.

Several staff members were able to attend as well.

We are deeply grateful to the Rufener family for their kindness. When speaking to

any of the family members it is easy to see their love for NDTC and their interest in this ministry. Their generosity and the

dinner they provided will stand out in our memories as a wonderful expression of Christian love. We pray that God's blessings will be given in abundance to these wonderful brothers and sisters in Christ!



Above: NDTC staff and clients enjoy the wonderful meal.

Left: (left to right): Blake Bitticker, Roy Griffith, and Bryan Silvers enjoyed fellowship during the special dinner.



Education (continued from page 1)

In a typical year two or three clients successfully pass the state test and earn the GED certificate. The year 2007 saw two clients pass the test: Roger Dennison and Roy Griffith both obtained high school equivalency diplomas.

Roger Dennison was NDTC's first client in 2007 to pass the GED exam. He came to NDTC with an eager spirit and a desire to get his life back on the right track. Roger completed residential treatment and he is continuing with outpatient treatment here while he is back at work and living in his community.

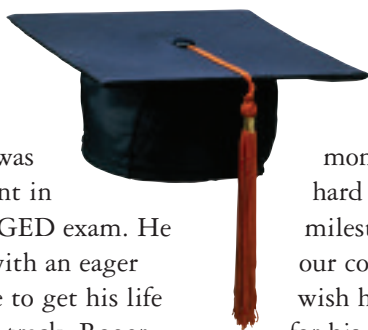
While Roger was at New Destiny for residential treatment he went to evening classes offered at the local high school so he could prepare for the GED test. He was finally able to take the test - and he passed! He was very excited to have achieved the

educational benchmark important in finding employment.

We congratulate Roger and wish him well as he continues to be a productive citizen and Christian in his community.

Roy succeeded in passing his test about one month after Roger. Roy studied hard to reach this important milestone in his life. We extend our congratulations to Roy and wish him the best that God has for his life. Roy will complete treatment in about one month.

Roy wrote a poem about the same time that he received confirmation that he passed the GED test. We want to share his thoughts with you because they may convey some of the emotions the men feel as they begin to make changes in their lives.



Have you? By Roy Griffith

Have you ever lost some that you really loved?
Have you ever felt love took over like a favorite drug?
Have you ever felt like pulling the plug?
Have you ever felt like just giving life a shrug?

I sit here and think about the times I messed up and made mistakes. But then again I realize now all my relationships were fake!

I used to blame everything on addiction, but now I realize that is just fiction!

Have you ever felt like you couldn't do anything to change?

Have you ever felt like everyone else was to blame?
Have you ever thought you could keep your emotions tame?

I sit here and realize where I used to be and where I am now.

It's like separating the east and the west,
And where I am now is for the best,
Because without God in my life I would be a mess!
Throughout all these questions I realize life is a big test!

Have you?

New life (continued from page 1)

all of that he wanted to get started with life again. He did well for a short time but needed to return for a refresher course. He soon saw where he had failed and he committed to try again.

He was out of treatment between three and four years before his last call to me. He had accomplished much but he became unable to withstand the strong pressure he faced.

He is now here at NDTC and doing well. We're seeing some beautiful things developing in his life. He is pleasant and brings hope to the other men. They see that if problems arise it's possible to find continuing help at New Destiny.

He's confident that this time he knows his weak areas and is willing to fight harder to keep himself going. He recently told me, "I am going to have a new life for a new year. I don't want to just work for money, but I want to stay around and help other men understand what they need and what to watch for."

He has rediscovered that sobriety is worth the fight.

Starting a new year always brings fresh hope. Many of us would not want to relive the past year if it contained a high measure of trouble and there was no indication anything was likely to change.

Most of us desire to be better people. If we've struggled we want the opportunity to prove we are up to the challenge of a new beginning. This means when the new year begins we are willing to accept defeats, but at the same time we want to master situations to claim victory over adverse circumstances.

The new year should not be approached fearfully or timidly, but with confidence by men and women who through their changed

lives will do what it takes to bring about a better world.

At New Destiny, we look forward to the new year with optimism and excitement. The rewards of the work here are thrilling. One of our clients just finished treatment and got married. He is such a blessing to all those who meet him. He sings, testifies, and lives a life of complete dependence on Christ.

I watched him as he struggled for months to rearrange his life. Change only came when he wholly surrendered to Christ. He married a Christian woman and they are committed to glorifying God through their family. Another year will tell more of his story. For now he is headed in the right direction and wants to make his life count for something good.

Most of our clients want things to change. They want to start over. They are tired of their old ways that lead to tears and heartbreak. I wish you could hear them as they testify in chapel services of what God's grace has done for them. They say

New Destiny helped them to forge a new future.

I know that not everyone who enters treatment here will be a changed person when he leaves. Those are individual decisions that people must make in their own time, for their own reasons, as they feel led by God.

What all of us must acknowledge, regardless of our status or situation, is that at some point in our life we have an opportunity – and a choice to make – to

surrender to Christ and do something meaningful and admirable with our lives.

Will you pray with us for 100 percent success in our clients' lives so that no one feels that he has to come back

for more treatment? Christ offers our clients – and every person – the ability to achieve a new birth, a fresh beginning and a different perspective.

Lets look ahead to a new life in the new year!



Yes, I want to help return husbands to their wives, fathers to their children, and sons to their parents.

I am enclosing \$ _____ as a: 900 Club Member (\$100 per month) beginning the month of _____, 200 ____.

(If partnering with a friend, please include full name and address of partner for tracking purposes.)

Monthly gift (other than 900 Club) Annual gift One-time gift

In memory of: In honor of: _____

I prefer to donate by credit card: Visa MasterCard

Gift amount: \$ _____ Card #: _____ Exp.date: ____/____/____

Signature (required): _____

Name: _____ Address: _____

City: _____ State: _____ Zip: _____

Phone: (____) _____ E-mail: _____

I am unable to contribute at this time, but I want to be a prayer partner for the New Destiny Treatment Center. Please continue sending the *Destiny* newsletter.

A time for reflection

Melinda Holsopple, director of development

The hustle of the holidays is over, the decorations are put away and Christmas 2007 is a treasured memory.

Personally, I love to look back over the past year. As I remove my now-outdated desk calendar, I am reminded of God's faithfulness.



The notes listed on the dates are reminders not only of God's blessings, but also of struggles and disappointments.

The New Year is a great time to consider how the Lord has moved in our lives. The year's beginning is the perfect opportunity to contemplate on the many blessings of

our Lord and to be comforted in knowing that He is in control.

The contributions from our financial partners are a special blessing. As I consider each month of the previous year, I am humbled at the reminders of how God moved His people to give sacrificially so that men in bondage

to drugs and alcohol could come to know Him as their Lord and Savior. I marvel at the obedience of God's people to His call.

Your gifts matter. Tremendously. Your financial support returns husbands to wives, fathers to children and sons to their parents. Your gifts are making an eternal

difference.

I am looking forward to what God will do in 2008! Thank you for your part in making 2007 a life-changing year.

Mailing list changes: Requests for change of address or removal from mailing list should be sent to Melinda Holsopple at (330) 825-5202 (ext. 120) or gholsopple@aol.com. Please remember it often takes at least one month for changes to take effect.

January 2008

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